
Grade - VI **Worksheet 2**
Lesson: The body and its movement

Date: 02.09.22

I. Choose the correct option.

1. How many bones are there in human skeleton?

- (a) 300. (b) 200. (c) 206

2. The place where cartilage is present in our body is

- (a) outer parts of ear
(b) at the end of nose
(c) all of the above

3. The tissue which helps in the movement is called

- (a) epithelial tissue
(b) muscular tissue
(c) connective tissue

4. Which of the skull bones are movable?

- (a) Upper jaw. (b) Teeth. (c) Lower jaw

5. The _____ pairs of ribs make a cone shaped cage.

- (a) 11. (b) 10. (c) 12

6. Which of the following animals moves with just one large, disc-shaped muscular foot?

- (a) Earthworm. (b) Cockroach. (c) Snail

7. Which one of the following occurs when we straighten our arm?

- (a) Both biceps and triceps contract
(b) Both biceps and triceps relax
(c) Triceps contracts but biceps relaxes

8. Which of the following are ball and socket joints?

- A. Elbow
B. Shoulder joint
C. Knee joint
D. Hip joint
(a) A and B. (b) B and D. (c) A and C

9. One of the following does not have a hinge joint. This one is
(a) jaw. (b) shoulder. (c) knee

10. The joint in cranium is a
(a) gliding joint. (b) ball-socket joint. (c) fixed joint

11. An internal structure of bones that support and protect the body is
(a) skeleton. (b) tendon. (c) cartilage

12. The point where two bones meet is called
(a) tendon. (b) pelvic. (c) joint

13. The bony part of our head is called
(a) skull. (b) backbone. (c) nose

14. The chest bones are called
(a) ribs. (b) vertebral column. (c) patella

15. The skeleton provides _____ to the body.
(a) support. (b) ability. (c) framework

16. The nerves that run down our backbone are
(a) spinal cord. (b) joints. (c) skeleton

17. The skeleton of the cockroach is called
(a) muscles. (b) endoskeleton. (c) exoskeleton

18. The endoskeleton of the fish is covered with
(a) tendon. (b) scales. (c) muscles

19. Snake has a long
(a) tongue. (b) backbone. (c) tail

20. A strong and non-flexible tissue which forms the framework of our body is
(a) bone. (b) muscle. (c) cartilage

21.The skeleton which covers the body from the outside is called
(a) endoskeleton. (b) exoskeleton. (c) both of these

22.The shoulder joints and hip joints are
(a) ball and socket joints. (b) pivotal joints. (c) hinge joints

23.The joint which allows the limited rotation is
(a) hinge joint. (b) gliding joint. (c) pivotal joint

24.Movable joints of the backbone are
(a) pivotal joints
(b) ball and socket joints
(c) gliding joints

25.The hip bone is also called
(a) cartilage. (b) pelvis. (c) vertebrae